

REVIEWS



PRODUCT

Reviewed by Duncan Roads

ELANRA MK II Therapeutic Ioniser

Produced by Bionic Products Pty Ltd
Price: AUD\$695.00 (rebate available from most health funds)

Available: **Australia**—Bionic Products Pty Ltd, PO Box 555, Robina, Qld 4226, ph (07) 5593 1122, fax (07) 5593 0022.

It is not often that I do product reviews, but with this device I am happy to make an exception. It is a really efficient and useful machine. If you own or run a small business or clinic, you should have one of these devices in the office. I have had one running in our office now for some time, and I can honestly say that:

- 1) the air smells better, each time I open up the office;
- 2) I have not had itchy eyes and a runny nose since we set it up;
- 3) I feel that I have improved my level of concentration.

The ELANRA is the only ioniser to be patented as a medical device. In fact, it has the capability of being programmed in one of 72 different configurations, depending on specific needs as required. It has the advertised 'air cleaning capability' of 75 square metres, and is best situated up to two metres away for therapeutic effects.

By now, if you are like me, you have a drawer full of el-cheapo and second-hand negative ion generators that do nothing (except zap stray cockroaches trying to live inside). Do yourself a big favour: if you are serious about improving the air quality in your home or workplace, this is what will really work.

BOOKS

Reviewed by Ruth Parnell

MAPS OF THE ANCIENT SEA KINGS

by Charles H. Hapgood

Published by Adventures Unlimited Press (1996), Kempton, IL, USA

ISBN 0-932813-42-9 (315pp l/f s/c)

Price: AUD\$35.00; NZD\$39.95 + p&h; STG£16.50; USD\$19.95 + p&h

Available: **Australia**—NEXUS Magazine, ph (07) 5442 9280; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—NEXUS Office, ph 01342 322854; **USA**—Adventures Unlimited, ph (815) 253 6390.

In the 1960s, American anthropologist and geographer Charles Hapgood conducted a study of ancient sea charts and found astonishing evidence previously overlooked by researchers.

One such map, based on long-lost charts, was drawn in 1513 by Turkish Admiral Piri Re'is. It depicts Antarctica in a relatively ice-free state, which is surprising considering the continent has been iced over for possibly 6,000 years and, in any case, was only 'discovered' in the 19th century AD.

After detailed analysis, Hapgood had to conclude that an unknown worldwide civilisation must have existed in antiquity and possessed the advanced skills and technology to be able to chart the globe—as evidenced in the ancient form of spherical trigonometry used in the Piri Re'is map projection.

Charles Hapgood's discoveries have been largely passed over by academia, and his books, including his 1958 classic, *Earth's Shifting Crust*, hard to come by. *Maps of the Ancient Sea Kings* was first published in

1966 but has been out of print for 20 years until now. But Hapgood's theories are reaching a new audience, e.g., as seen in the Flem-Ath research team adopting his crustal displacement theory in their hypothesis that Antarctica was once Atlantis.

Maps of the Ancient Sea Kings is a treasure trove of charts and diagrams and includes the world maps of De Canerio (1502), Reinel (1510), Oronteus Finaeus (1532), and Hadji Ahmed (1559) plus a wealth of scientific detail. Definitely a fascinating book to peruse or study.

THE COMING ENERGY REVOLUTION: The Search for Free Energy

by Jeane Manning

Published by Avery Publishing Group

(1996), Garden City, NY, USA

ISBN 0-89529-713-2 (255pp s/c)

Price: AUD\$26.00; NZD\$25.95 + p&h; STG£12.00; USD\$12.95 + p&h

Available: **Aust**—Cameron Books, ph/fax (047) 58 7676; Sydney Esoteric B/shop, ph (02) 9212 2225; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—NEXUS Office, ph 01342 322854; **USA**—Adventures Unlimited, ph (815) 253 6390.

At last, a book aimed at the general public about the potential of non-polluting, new-energy technologies that could transform our lives for the better. Author Jeane Manning, a freelance journalist specialising in the study of 'free-energy' R&D, is convinced that many of the ideas and technologies of the free-energy 'movement' are valid and workable. Sadly, progress is so often stymied by lack of funding, scientific inertia, corporate self-interest, and sometimes even by the inventors' personal eccentricities.

The Coming Energy Revolution is divided



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into four parts. Part 1 considers revolutionary theorists and inventors of the past, such as Tesla, Keely, Moray, Reich and Schauburger, and their contribution in laying the foundations for a new era of energy production in harmony with nature.

Part 2 considers the physics of space or zero-point energy, and some of the inventors who have made recent inroads in developing solid-state, anti-gravity and magnetic devices to tap into this energy. Other emerging new-energy devices utilising cold fusion, thermodynamics, hydrogen and water are covered in the third part of the book.

Part 4 deals with the potential amidst the problems, e.g., the socio-economic realities of adopting new technologies, harassment of inventors, and the power of vested interests vs the power of the people. Manning's excellent resource list will help kickstart into action anyone who wants to get involved in this new-energy revolution.

PSYCHIC WARRIOR

by David Morehouse

Published by Michael Joseph Ltd (1996),

UK, & St Martin's Press (1996), USA

ISBN 0-7181-4178-4 (258pp h/c)

Price: AUD\$35.00; NZD\$49.95;

STG£16.99; USD\$/n/a

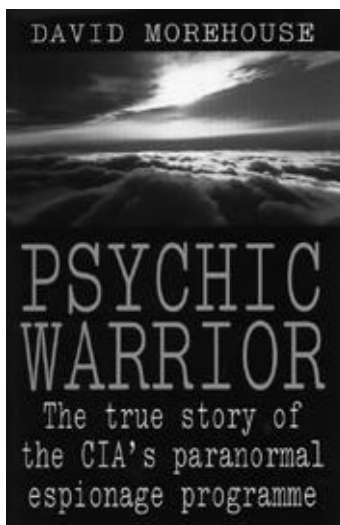
Available: **Aust**—Cameron Books, ph/fax

(047) 58 7676; Sydney Esoteric

Bookshop, ph (02) 9212 2225;

NZ/UK/USA—Dist. by Penguin Books.

In late 1995 the CIA, in cahoots with the Defense Intelligence Agency, implemented a well-planned media disinformation campaign to discredit remote viewing (RV) in the eyes of the public and downplay the extent of its use. This was damage control



in anticipation of several US military remote viewers like David Morehouse spilling the beans on the government's former psychic warfare program, *Stargate*, and confirming that new programs are very much alive and well-funded.

David Morehouse is a courageous man with an extraordinary story that transcends time and space. In 1987, as a US Army Infantry officer, he was shot while on training operations in Jordan, and soon after became plagued by visions and out-of-body experiences. Before long he was retrained and recruited as a remote viewer into *Stargate* and other covert CIA and DIA ops.

One time, in a DIA set-up during the Gulf War, Morehouse and colleagues independently zeroed in on the same thing at their given RV target site: canisters emitting deadly biochemical agents amidst the cover

of burning oil wells—a cause of Gulf War Syndrome?

By the early '90s, disenchanted with the DIA's remote-influencing program, David Morehouse resolved to inform the public on what the covert military/intelligence community was really up to, and make us all aware of RV's potential—for good or ill.

In 1995, as an Army Major, he was forced to resign on absurd charges, but by then he'd already survived several murder attempts, Prozac in a psychiatric hospital and the threat of courtmartial. Not only is he blessed in finding a publisher, he's very lucky to be alive.

PREDICTIONS FOR A NEW MILLENNIUM

by Noel Tyl

Published by Llewellyn Publications (1996), St Paul, MN, USA

ISBN 1-56718-737-4 (277pp s/c)

Price: AUD\$27.95; NZD\$34.95;

STG£11.99; USD\$14.95; CAN\$20.50

Available: **Aust**—Cameron Books, ph/fax

(047) 58 7676; Sydney Esoteric B/shop,

ph (02) 9212 2225; **NZ**—Dist. by

Peaceful Living, ph (07) 571 8105; **UK**—

Airlift Book Company, ph 0181 804

0400; **USA**—Llewellyn Publications, PO

Box 64383, Dept K-737-4, St Paul, MN

55164-0383, ph (612) 291 1970.

A prolific author of astrology textbooks, Arizona-based Noel Tyl has turned his attention to predicting the future of nations in this latest book, *Predictions for a New Millennium*. He covers the period from 1996 to the year 2012 with 58 predictions about dramatic political, economic and social events. His forecasts are based on historical trends as well as precise astrologi-

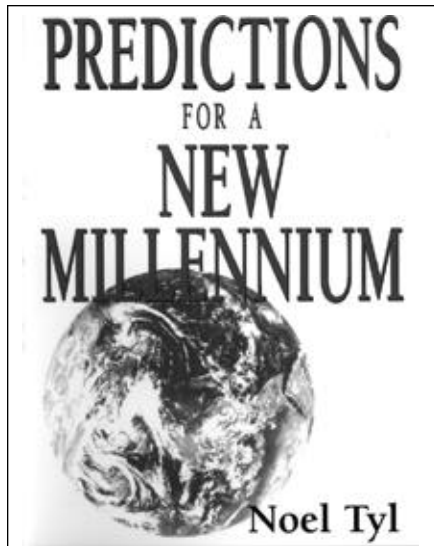
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cal indicators (which he includes as footnotes on each page so as not to overwhelm the novice).

Some of the world-shaping events that Tyl sees coming include: the complete reorganisation of the Catholic Church and the United Nations; the reunification of the two Koreas; two US Presidents assassinated—in 2004 and 2012; the abandonment of Communism in China by the turn of the century; the fall of Saddam Hussein; Islamic fundamentalist takeover of Algeria by 1999; independence from Britain for Australia in 2001 and New Zealand in 2002; ever-increasing political manoeuvrings towards a world government by 2012; and officially-acknowledged extraterrestrial contact by 2004.



Noel Tyl has well-honed astrological abilities, as seen in his correct predictions of the fall of the Soviet Union, the Gulf War and the Israel-PLO Peace Accord, so his forecasts are well worth watching. But he makes no mention of the anticipated widespread destruction due to Earth changes, so often predicted by seers, old and new.

THE TOMB OF GOD by Richard Andrews and Paul Schellenberger

Published by Little, Brown & Co. (1996), London, UK

ISBN 0-316-87997-5 (513 pp h/c)
Price: AUD\$39.95; STG£20.00; US\$29.95
Available: **Aust**—Cameron Books, ph/fax (047) 58 7676; Sydney Esoteric B/shop, ph (02) 9212 2225; **UK**—Little, Brown & Co., ph 01711 911 8000; **USA**—Little, Brown, & Co., ph (617) 227 0730.

The mystery surrounding Rennes-le-Château and its sacred landscape geometry is now even more intriguing with these revelations by archaeologist/historian Richard Andrews and surveyor/mathematician Paul Schellenberger in their book, *The Tomb of God*. According to the authors, the prominent landmark, Pech Cardou—already identified by other researchers as a pivotal marker in the region's groundplan—could be even more significant than realised, for in all probability it contains a buried treasure: the tomb of Jesus of Nazareth!

The authors admit that Christian believers might regard their assertion as heresy, but, having conducted detailed historical research and geometrical and symbolical analysis, they contend that this is the only conclusion which fits the facts. Conversant with several 'underground' theories as to

Jesus' post-Crucifixion fate (minus the Resurrection scenario), and familiar with the alternative Christian Gnostic tradition, the authors conclude that Jesus Christ's physical remains—arguably the Holy Grail of legend—were eventually excavated in Jerusalem in the 12th century by the Knights Templar and removed to the Languedoc in France for safekeeping.

The authors' rationale and evidence are compelling, but their argument can't be validated until the Pech Cardou site they have identified can be excavated. In Catholic France, and with so many secrets at stake, the authors don't see permission being granted in the foreseeable future.

CONVERSION OF GRAVITY FIELD ENERGY—Revolution in Technology, Medicine and Society with Dr Hans A. Nieper

Published by MIT Verlag (1981, 1985, 4ed) Oldenburg, Germany

ISBN 3-925188-07-X (384pp s/c)
Price: AUD\$35.00; NZD\$45.00 + p&h ;
STG£20.00 + p&h; USD\$27.00 + p&h
Available: **Aust**—NEXUS Magazine, ph (07) 5442 9280; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—NEXUS Office, ph 01342 322854; **USA**—Adventures Unlimited, ph (815) 253 6390.

In 1980, the internationally known gravity researcher and medical scientist Hans A. Nieper, M.D., organised a Symposium on Energy Technology in Hannover, Germany, to warn of the impending energy crisis and explore the possibilities of the tachyon energy field in solving it. The so-called tachyon field—the sea of energy which permeates space and everything in it—can potentially be tapped using relatively small converters



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with little effort, to obtain more than enough energy to power the world.

Dr Nieper published the proceedings of this landmark Symposium in German in 1981, but expanded the content with proceedings from a 1981 Toronto Congress on Gravity Field Energy for this English-language edition released in 1985. It remains an important textbook in its field and should be studied by anyone with an interest in 'new energy' as applied to science, technology and medicine. It covers the theories and technologies developed by Tesla, Moray, Coler, Bearden, Schaffranke, Seike, Kieninger, DePalma, Newman, Prioré, Bedini, and more, and highlights the medical advances made using tachyon energy, especially in treating cancer.

Considering the seventeen years that have elapsed since the Symposium, it is cause for concern that our energy problems are no better solved today and that new energy solutions have still not achieved widespread 'perfection' and adoption. It seems that the powerplays of vested interests are as strong now as when the Symposium warned of them back in 1980.

ENTERING THE CIRCLE: Ancient Secrets of Siberian Wisdom by Olga Kharitidi, M.D.

Published by HarperSanFrancisco (1996), California, USA

ISBN 0-06-251417-2 (224pp s/c)

Price: AUD\$19.95; NZD\$24.95;

STG£8.99; USD\$21.00 (h/c)

Available: **Aust**—Cameron Books, ph/fax (047) 58 7676; Sydney Esoteric Bookshop, ph (02) 9212 2225; **NZ**—HarperCollins, ph (09) 443 9400; **UK**—Thorsons, ph 0181 741 7070; **USA**—HarperCollins, ph (212) 207 7000.

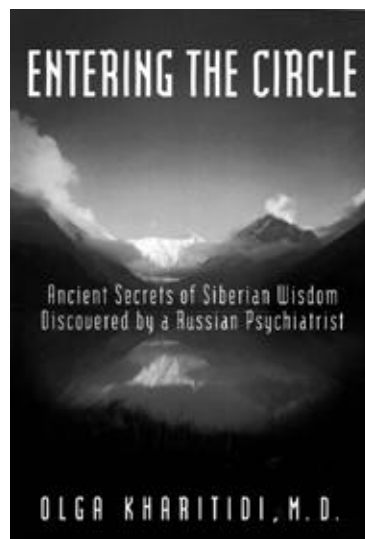
Entering the Circle is the inspiring account of a young psychiatrist's initiation into the spiritual practices and wisdom of an ages-old shamanic culture in the Altai Mountains of Siberia. Indeed, this remote, snowbound region could be the wellspring of all the mystical traditions—as author Olga Kharitidi suggests is being confirmed by new geological evidence and recent excavations of a tomb bearing mysterious glyphs and the well-preserved mummy of an ancient Siberian priestess.

Dr Kharitidi writes sympathetically about her routine as a psychiatrist in a mental hospital in Novosibirsk. Coming from a long line of Siberian doctors, yet aware at an early age of the existence of alternative realities, one day she decided to visit a remote village in the Altai Mountains to see shamanic healing and magic at first hand.

The experience was a turning point for her, for she learnt to connect with her real Self

and true potential through her Spirit Twin Healer. In time, Olga learnt to incorporate these teachings and subsequent shamanic visions into her life and the realm of modern psychiatry. She has become an extremely gifted healer of the mentally ill—one time effecting almost spontaneous remission in a supposedly 'hopeless' schizophrenic, just by saying the right words.

Olga continues her quest to access Siberian native wisdom and spread it to the world. Some of that Altai heritage is recorded for posterity on the companion CD (see Audio Reviews). Be warned: like Olga, you, too, could undergo a reality shift!



THE EAR AND LANGUAGE

by Alfred A. Tomatis

Published by Moulin Publishing (1996), Norval, Ontario, Canada

ISBN 0-9697079-8-3 (223pp s/c)

Price: AUD\$32.00 (NZ airmail add AUD\$7.00); STG£11.00; USD\$16.00 + USD\$4.00 p&h ; CAN\$20.95 + p&h

Available: **Aust**—The Australian Tomatis Method, PO Box 55, Gordon, NSW 2072, ph (02) 9418 4130, fax (02) 9498 3635; **UK**—The Tomatis Centre, Lewes, ph 01273 478666; **USA**—Sound Listening & Learning Center, Phoenix, ph (602) 381 0086; **Canada**—The Listening Centre, Toronto, ph (416) 588 4136.

"The voice can only emit what the ear can hear." This is the essence of what French physician, psychologist and educator Dr Alfred Tomatis observed over 50 years ago, and has since become known as the Tomatis Effect. He went on to refine his early findings and develop the multidisciplinary science of audio-psycho-phonology (APP), as well as a new technology with the Electronic Ear, and a new technique, the Tomatis

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Method—all of which have transformed our understanding of the ear-voice-emotion connection with the auditory system as the focal point.

This is the first English translation of Dr Tomatis' classic book, *The Ear and Language*, first published in 1963 and updated in 1991. It is a précis of his research, hypotheses and discoveries as well as a record of his reflections on humanity's place in the cosmos.

Aimed at the lay reader, the book covers the workings of language, audition, audio-vocal conditioning, laterality, the leading ear, body image and APP. The new Postscript summarises recent research and validates Tomatis' original hypothesis that the ear is the fundamental feature that makes we human beings the socially-aware, creative communicators that we are.

The Tomatis Method is a personal empowerment technique that is applicable in diverse areas: music and voice, speech and language, education, medicine and personal growth. It shows that if you can change your ears' ability to listen, you can also change how you speak and how you interact with yourself, with others and with the world.

REVELATIONS OF THE METATRON by 'Anonymus'

Published by Galde Press, Inc. (1995), Lakeville, MN, USA
ISBN 1-880090-21-X (213pp s/c)
Price: AUD\$30.00; NZD\$38.00;
STG£13.99; USD\$14.95 + USD\$3.00 p&h
Available: **Aust**—Cameron Books, ph/fax (047) 58 7676; Sydney Esoteric Bookshop, ph (02) 9212 2225; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—Gazelle Book Services, ph 01524 68765; **USA**—Galde Press, Inc., PO Box 460, Lakeville, MN 55044, ph (612) 891 5991, 1-800 777 3454, fax (612) 891 6091.

This is a strange tale that might well be true, but the story and evidence cannot be verified. In 1955, some unique writings were found within a mountain in South America (exactly where, is not divulged). Incredibly, these writings are purported to be the work of the Metatron, the legendary Angel of the Presence.

According to the accompanying diary of Gary Sornson, he and two other explorers, all skilled in ancient hieroglyphic and language systems, were led to a mountain where a secret entranceway was opened for them, revealing a chamber lined with golden, jewelled artefacts. The group then stumbled upon a vast, illuminated pyramid cave

and, within it, more than a thousand six-foot-tall, solid-gold pedestals, each bearing script.

Even considering their skills, the team had an easier job than expected in transcribing and translating the glyphs. (Alas, none of these is reproduced in this book.) The translations were passed down to Sornson's nephew Per, who in 1994 presented them to the anonymous narrator of this book to publish, in case he did not return from a trip in his uncle's footsteps. It's likely he met with his demise.

These *Revelations* have profound content and import for humanity, for they tell of the dawn of time, the creation, the first angels and the fallen ones, the formation of Earth, the evolution of man, the destruction of Atlantis and the Great Flood. They contain subtle variations from more familiar biblical versions, and are well worth studying despite the question marks over their source.

HORMONE HERESY: What Women Must Know About Their Hormones by Sherrill Sellman

Published by GetWell International (1996), Honolulu, Hawaii, USA
ISBN 0-646-29565-9 (189pp s/c)
Price: AUD\$19.95; NZD\$26.00;
STG£11.00

Available: **Australia**—NEXUS Magazine, ph (07) 5442 9280; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—NEXUS Office, ph 01342 322854.

Recognising the need for an easy-to-read guidebook about women's hormones, and inspired by the positive response to her articles in NEXUS (vol. 3, nos. 4 & 5), psychotherapist Sherrill Sellman has written *Hormone Heresy* to emphasise the basics that women must know about their hormones if they want to be in control of their health and power. Her coverage may be brief, but readers should make a point of consulting the many references she cites if they want to become better acquainted with the subject.

When Sherrill Sellman began investigating hormone replacement therapy in connection with her own pre-menopausal symptoms, she found that mainstream medical opinion was a mix of "myth, misinformation and propaganda"—as seen in the claim that menopausal women are oestrogen-deficient when, in fact, the opposite is true. As she discovered, the missing link in hormonal balance is natural progesterone, yet doctors continue to prescribe synthetic hormones (as used in HRT and the Pill) when the evidence links them to many diseases including cancers, fibroids, osteoporosis and cardiovascular disease as well as large-scale environmental disruption.



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In *Hormone Heresy*, Sherrill exposes the flaws in medical thinking and practice regarding women's hormones. She argues strongly against synthetic hormones and in favour a safe alternative in natural progesterone. Used in conjunction with other simple, self-help techniques, she recommends it for helping restore hormonal balance—and reclaiming personal power in the process.

TREASON: THE NEW WORLD ORDER by Gurudas

Published by Cassandra Press, Inc.
(1996), San Rafael, CA, USA
ISBN 0-945946-14-7 (312pp s/c)
Price: AUD\$26.00; NZD\$32.00;
STG£13.50; USD\$14.95 + p&h

Available: **Aust**—NEXUS Magazine, ph (07) 5442 9280; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—NEXUS Office, ph 01342 322854; **USA**—Cassandra Press, Inc., PO Box 150868, San Rafael, CA 94915, ph (415) 382 8507

Author Gurudas, well known for years in 'new age' health circles, expanded his horizons into conspiracy politics after observing how the US Food & Drug Administration was abusing the health freedoms of Americans. Gurudas saw this as a microcosm of an environment of control that has crept into all areas of our lives, and it was not enough for him to sit idly by, denying the existence of this evil, materialistic force.

Treason: The New World Order is Gurudas' valiant attempt to explain how a few key players have gradually moved the US and the world towards a corporate police state. Coming from the perspective that the US Constitution should be protected in order to prevent a secret government takeover, Gurudas analyses why and how our civil freedoms are being eroded. He highlights the dangers of the moneyed elite; corporate

support of both right and left; judicial tyranny; the Catholic Church's role in the NWO; the phoney War on Drugs; the rise of the national security state; martial law and surveillance; COINTELPRO vs patriots and ecologists; 'accidental' death as a political weapon; the people as experimental guinea pigs; and other matters of great concern.

Unlike most conspiracy writers, however, Gurudas advocates sending light and love to those who would promote a new world order and curb our freedoms, though he acknowledges that such positive actions may not be enough! A balanced, well-referenced view of the machinations of secret government.

COSMIC VOYAGE

by Courtney Brown, Ph.D.

Published by Dutton (1996), NY, USA
ISBN 0-525-94098-7 (275pp h/c)
Price: AUD\$35.00; NZD\$44.95;
USD\$23.95; CAN\$33.50

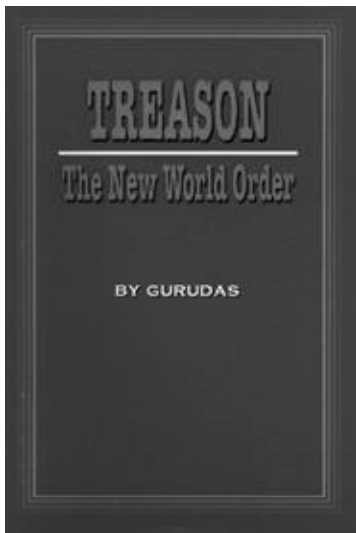
Available: **Aust**—Cameron Books, ph/fax (047) 58 7676; Sydney Esoteric B/shop, ph (02) 9212 2225; **NZ**—Penguin Books; **USA**—Penguin Dutton; **Canada**—Dist. by McClelland & Stewart Inc.

Cosmic Voyage is another controversial exposé that has provoked military/intelligence ire by disclosing the scientific remote-viewing (SRV) techniques used in their top-secret research projects. Moreover, it has upset establishment scientists who reject the notion that SRV conforms to the rigours of scientific method; and it has confounded sceptics who are at odds with its description of two ET civilisations with a long history of involvement with planet Earth and humanity. But it sure is exciting the public!

Author Dr Courtney Brown, a Georgia-based political/social scientist, was trained in SRV by a former US Army remote viewer and then teamed up with ex-operatives setting their sights on otherworldly targets: ETs and UFOs. Dr Brown goes to pains to point out that his techniques adhere to strict protocols to keep a check on interference from 'analytic overlay' and even interdimensional intruders, but that his results can be corroborated by other trained RV operators.

Dr Brown claims that his 'cosmic voyage' has taken him to the past and the future; to Mars, a present-day underground Martian base in New Mexico, and the demise of the 1993 Mars *Observer*; to a subspace realm inhabited by "the Midwayers"; and even to Jesus, Buddha and the Galactic Federation! Seeing humanity and Earth in a precarious position, he now believes it's time we brushed up our galactic diplomatic skills.

Whether or not you take Dr Brown's cosmic revelations on board, they do make for fascinating reading and open up new areas of exploration for truth seekers out there.



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THE STONE OF THE PLOUGH: The Search for the Secret of Giza by Ann Walker

Publ. by Element Books Ltd (1997), UK
ISBN 1-85230-937-7 (316pp h/c)
Price: AUD\$51.00; NZD\$39.95;
STG£16.99; USD\$32.45 + \$3.95 p&h
Available: **Aust**—Cameron Books,
ph/fax (047) 58 7676; Sydney Esoteric
Bookshop, ph (02) 9212 2225; **NZ**—
Dist. by Penguin Books; **UK**—Element
Books, ph 0747 851331; **USA**—Books
Britain, ph (212) 749 4713.

Since 1979, celebrated English clairvoyant/medium Ann Walker has been in direct communication with a spirit guide, White Arrow, who ultimately set her on a quest to decipher the meaning of a collection of ancient symbols and drawings he gave her.

That journey was a jolt for this self-described "ordinary housewife and mother". She writes that she regularly went on board a spacecraft where she met with White Arrow and his alien companions. There she learnt of our planet's impending doom—that unless we stop rainforest destruction as a matter of urgency, the Earth is expected to move out of alignment and into the path of a cometary fragment in the year 2042!

White Arrow instructed Mrs Walker to travel to the US to obtain verification of his true identity from native elders in Montana and North Dakota. Her mission a success, White Arrow then persuaded her to travel to Egypt to find villagers near the Great Pyramid able to translate the bequeathed Egyptian demotic scripts (though why he didn't translate them himself is unclear!). After several visits, her task was complete.

The messages may have enormous implications for humanity, for they refer to the legendary Hall of Records and a mysterious Stone of the Plough—allegedly, a buried spacecraft from Ursa Major that crashed millions of years ago and is buried under the Sphinx and Great Pyramid at Giza! There are many more surprises in Ann Walker's account, and hopefully it won't be too long before we know the whole truth!

THE GOSFORD FILES: UFOs over the NSW Central Coast

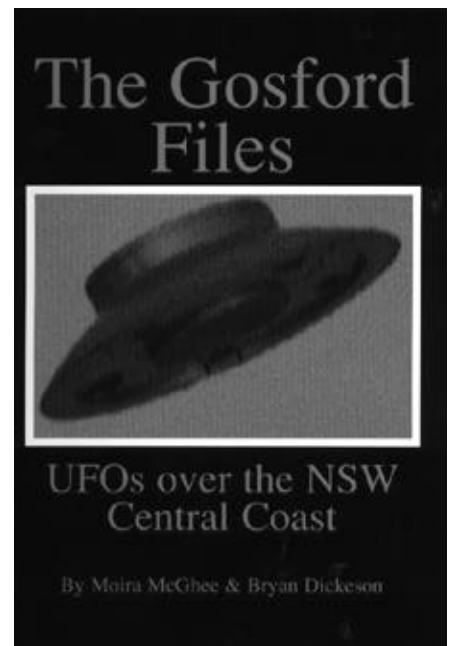
by Moira McGhee & Bryan Dickeson
Published by INUFOR (1996), Australia
ISBN 0-646-28829-6 (186pp s/c)
Price: AUD\$14.95 inc. p&h in Aust;
AUD\$17.95 overseas seammil
Available: **Australia**—Independent
Network of UFO Researchers, PO Box
783, Kogarah, NSW 2217, ph/fax +61
(0)2 9553 9406.

This book could have been written about any one of thousands of other communities, for the UFO experiences of the people of the Central Coast of New South Wales seem to be a microcosm of what's going on all over the world. Not even local newspapers give an indication of the true extent of the phenomenon, but its widespread nature strikes home when you see diverse accounts together in the one book—in this case, *The Gosford Files*, named for a major town in the region.

Seasoned UFO researchers Moira McGhee and Bryan Dickeson focused on the Central Coast because of its regular sightings reports over the years, but also because it went through a major UFO 'flap' during the 1996 new year period. Because of its topography, its vast system of lagoons and the proximity of an Air Force base and several power stations, the area is considered to have many purported UFO-attracting characteristics.

That new year, hundreds, if not thousands of locals and visitors saw a variety of unidentified disc-, triangle- and cigar-shaped craft, pulsating and glowing a range of colours and exhibiting erratic behaviour across the sky and even on the ground. Many people reported becoming ill upon being subjected to loud, humming sounds from above, and several had missing-time episodes and close encounters with aliens.

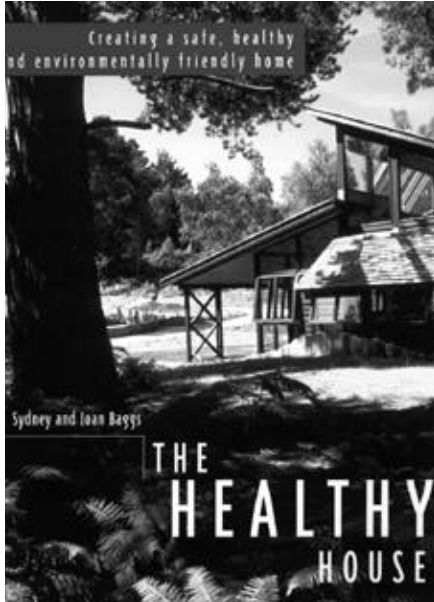
They can't all be crazy! Their stories, faithfully recorded and supported with illustrations and a small selection of photo and video evidence, deserve wider public exposure.





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BOOKS



THE HEALTHY HOUSE

by Sydney and Joan Baggs

Published by HarperCollins Publishers (1996), Australia

ISBN 0-7322-5753-0 (256pp l/f s/c)

Price: AUD\$39.95; NZD\$54.95;

STG£19.95; USD\$n/a

Available: **Aust**—Cameron Books, ph/fax (047) 58 7676; Sydney Esoteric Bookshop, ph (02) 9212 2225; **NZ**—HarperCollins, ph (09) 443 9401; **UK**—Thames & Hudson, ph 0171 636 5488; **USA**—HarperCollins, ph (212) 207 7000.

The Healthy House is a must-read book for anyone considering building or renovating a house, or seeking ways to improve the quality of their home environment.

Authors Sydney and Joan Baggs, a Sydney-based architecture-research team, have synthesised modern and age-old principles and practices into a holistic approach to creating a safe, healthy and environmentally friendly home or office.

Acknowledging that 'sick building syndrome' is at the root of many health problems, and guided by the principles of *feng shui* and building ecology, the authors have set out easy-to-follow guidelines for alleviating pollution problems in your home and living more harmoniously with nature. What they propose should be basic practice in the design/construction industry at large, and mainstream 'professionals' would do well to integrate this approach if they've not already done so.

The authors cover everything from site

selection, design considerations, construction, alternative energy strategies and sewage disposal to choosing healthy building materials (or counteracting unhealthy ones), briefing tradespeople, planting a low-allergy garden, coping with electromagnetic pollution, creating eco-communities, and much more.

This is an attractively presented book, full of practical pointers you may not have encountered before. You'll never again take your home environment for granted!

RESONANT FREQUENCY THERAPY: Building the Rife Beam Ray Device by James E. Bare, D.C.

Copyright by James E. Bare (1995-96)

Price: USD\$25.00 + USD\$5.00 in

USA/Canada; foreign orders, add USD\$10.00

Available: **USA**—James Bare, 8005 Marble Ave, NE, Albuquerque, NM 87110, ph +1 (505) 268 4272, fax (505) 268 4064, e-mail: rifetech@rt66.com

In a clinical trial in California in 1934, Royal R. Rife successfully used his resonant frequency device to cure all 16 test patients of their cancers. The breakthrough immediately suppressed by medical authorities, the device slipped into obscurity, but some doctors continued to experiment in secret.

In the 1950s, one physician used his Rife tube to make very precise measurements of frequency settings for deactivating a host of pathogens. These controversial settings are reprinted in James Bare's construction manual, *Building the Rife Beam Ray Device*.

Bare's Rife-type device centres around a radio frequency-excited gas plasma tube unit which, unlike Rife's, is designed to work without any direct link with the test subject. Bare suggests that from this tube emanates a plasma wave that is more than just a combination of audio, radio and light waves and is able to enter easily into cellular structures.

James Bare insists that his device is only for experimental purposes in investigating micro-organisms and in limited tests on animals. It has huge potential in electromedicine, but controlled tests on human subjects are not (yet) permitted by the US Food & Drug Administration.

In any case, there are so many provisos and pitfalls to consider in constructing and operating one of these machines that this is not for rank amateurs; but it is relatively inexpensive to build, with approx. US\$900 worth of off-the-shelf components and a few modifications to the electronics. (An NTSC video of the device in action is also available.)

REVIEWS



AUDIO

Reviewed by Richard Giles

ENTERING THE CIRCLE

by Olga Kharitidi, M.D., & Jim Wilson

Produced by Jim Wilson for Triloka Records (1996), Santa Fe, NM, USA
Cat. no. G97-124-109-2 (51mins)
Price: AUD\$19.95, USD\$9.98 (cass.);
AUD\$29.95, USD\$13.98 (CD)
Available: **Australia**—Festival Records,
ph (02) 9660 4022; **USA**—Triloka
Records, ph (505) 820 2833.

Dr Olga Kharitidi is a Russian psychiatrist who used to work in a hospital for the mentally ill. She discovered by chance (or design?) a lineage of Siberian shamans from the Altai Mountains and spent time with them, learning their teachings. Travelling in the USA, she met Jim Wilson of Triloka Records who helped her put the teachings to music with native American and Tibetan instruments. *Entering the Circle* is an extraordinarily unusual album imbued with the words of Siberian shamanic wisdom. Quiet and powerful. (Also see Book Reviews.)

ONE WORLD

Compilation produced by Putumayo World Music (1996), NY, USA
Cat. no. PUTU126-2 (74mins)
Price: AUD\$19.95, USD\$9.98 (cass.);
AUD\$29.95, USD\$15.98 (CD)
Available: **Aust**—MRA Entertainment, ph
(07) 3849 6020; **USA**—Putumayo World
Music, ph (212) 995 9400.

World compilations are appearing with more frequency each year. This one rates among the best. Combining African with Celtic and contemporary with gypsy, this album has some of the greats. Tracks include Papa Wemba's African cry, Angelique Kidjo's funky dance, a Peter Gabriel duet with Youssou N'Dour, Gypsy Kings' flamenco rhythms, Bob Marley's classic reggae and Baka Beyond's Pygmy-Celtic mix. A superb collection.



THE VOICE OF VIOLET 19

by Cecilia

Produced by David Lord for Tolemac International (1996), London, UK
Cat. no. TM410 (56mins)
Price: AUD\$19.95, USD\$10.95 (cass.);
AUD\$29.95, USD\$18.95 (CD)
Available: **Aust**—Wild Eagle Trading, ph
(03) 9815 1162; **USA**—White Dove, ph
(505) 758 0500.

Two years ago a new feminine voice, Cecilia, came onto the New Age music scene with a whammo, inspiring all who heard her. Cecilia's debut album, *Voice of the Feminine Spirit*, sold over 100,000 copies in Australia. Now, here is her new album, with words by Stuart Wilde and production by David Lord (who worked on Tim Wheetar's magnificent *Heart Land*). Incredibly elevating music.

MOROCCO: CROSSROADS OF TIME

Compiled by Randall Barnwell & Bill Lawrence for Ellipsis Arts (1995), USA
Cat. no. CD4030 (58mins)
Price: AUD\$19.95, USD\$16.95 (cass.);
AUD\$29.95, USD\$19.95 (CD + book)
Available: **Aust**—New World
Productions, ph (07) 3367 0788; **USA**—
Ellipsis Arts, ph (516) 621 2727.

From a series of productions by Ellipsis Arts, each having a book accompanying the music, comes this album of Moroccan music. Recorded by Paul Bowles and collected by Randall Barnwell and Bill Lawrence, this is raw, vibrant dance and vocal music. It has samples of Berber and Ganawi music, plus traditional Arabic and Marrakesh mixtures. Fantastically joyful and energised, hand-clapping songs. A real collector's item.

ONE LOVE

by Eleven of Hearts

Produced by Dee Rogers & Macdonald Hamilton, Four Winds Music (1996), Chatswood, NSW, Australia
Cat. no. FWM.6524.2 (56mins)
Price: AUD\$19.95 (cass), AUD\$29.95 (CD)
Available: **Aust**—Movieplay Australia,
ph (02) 9905 0199; **UK/Europe**—BSC
Music, Germany, ph +49 8178 1246.

Secret Dreams, the first release from the group Eleven of Hearts, was a beautiful weave of vocals, piano and strings. Their second, *One Love*, is a hauntingly lyrical blending of the ethereal vocals of Christene Carol and Katie Coogan-Mason with grand piano by Dee Rogers, plus flutes and strings. The sort of music that you can float with, it shows the wonderful range of talent for original and uplifting material in Australia. Music to move the soul up a few notches, it is thoroughly recommended.